

## ***Athlete Code of Conduct***

This code of conduct has been written to ensure that everyone who participates in Fierce Elite Cheerleading knows what is expected of them and feels safe, respected and valued.

Fierce Elite Cheerleading must make sure that everyone taking part in our services has seen, understood and agreed to follow the code of behaviour, and that they understand the consequences of inappropriate behaviour.

We expect people who take part in Fierce Elite Cheerleading to display appropriate behaviour at all times. This includes behaviour that takes place outside of trainings and behaviour that takes place online.

### ***Basic Principles***

This code of behaviour aims to:

- Identify acceptable and unacceptable behaviour
- Encourage cooperation, honesty, fairness and respect
- Create an environment where your self-esteem, self-respect, and self-confidence will grow
- Encourage you to recognise and respect the rights of others
- Encourage you to take responsibility for your own behaviour
- Help resolve conflicts and make it clear what will happen if you decide not to follow this code

You should:

- Cooperate with others
- Be friendly
- Listen to others
- Be helpful
- Have good manners
- Treat everyone with respect
- Take responsibility for your own behaviour
- Talk to coach Erin about anything that concerns you
- Follow this code of conduct and other rules, including the law
- Join in and have fun!

You should not:

- Be disrespectful to anyone else
- Bully other people (online or offline)
- Behave in a way that could be intimidating
- Be abusive towards anyone

### ***What will happen if I decide not to follow the code of behaviour?***

This code of behaviour is part of our process for making sure everyone who participates receives the support they need.

### ***Minor First-Time Incident***

If you behave in a way that does not follow our behaviour code, our staff or volunteers will remind you about it and ask you to comply with it. They will give you the opportunity to change your behaviour.

This gives you the opportunity to think and to plan how you could behave differently, with support from staff and/or volunteers.

### ***Formal Warning***

If you continue not to follow the code of behaviour after your first reminder, or if your behaviour is more serious, you will be given a formal warning by the person in charge during the session.

They will make a record about what happened and inform your parents or carers if this is appropriate. They will also talk with you about what happened and agree what support you need in order to improve your behaviour in future.

We may also decide that a sanction is appropriate such as stopping you from taking part in training sessions for a period of time.

### ***Final Warning***

If the support we have put in place isn't helping you to change your behaviour, we may need to give you a final warning. Again, this will be recorded and we will inform your parents/carers as appropriate.

At this point, we will call a meeting between our staff, yourself and your parents/carers in order to discuss further support services you may need.

### ***Child Protection Procedures***

If any member of staff or volunteer becomes concerned that your behaviour suggest you may be in need of protection or that you may present a risk of harm to other children and young people, they will follow our child protection procedures. This may involve making a referral to the local authority.

If child protection procedures are necessary, we will talk this through with you and your parents/carers as soon as possible, unless doing so would put you in danger or interfere with a police investigation.

### ***The Role of Parents and Carers***

We see parents as valuable partners in promoting positive behaviour and will involve them as appropriate.

We will always inform and involve your parents or carers if you receive a formal warning about your behaviour, unless doing so would put you in danger.

### ***Dress Code***

- Athletes should attend all training session in the appropriate team training kit as specified by the coach or person in charge.
- They should wear white ankle socks and cheerleading shoes or trainers. This DOES NOT include street shoes, platform shoes, or fashion trainers. Athletic footwear only.
- Athletes must remove all jewellery, including but not limited to: earrings, necklaces, bracelets, watches, facial piercings and belly rings

- Athletes must have nails cut short like netball nails. Athletes will not be allowed to participate with acrylics or any other type of nail extensions.
- Long hair should be secured away from the face without any sharp or hard style headbands or clips

***Mobile Phones, tablets and other media devices***

- We ask that if athletes do need to bring their phones or devices with them, that they remain turned off and in their bags.
- We do not take any responsibility for lost or stolen devices and there is no CCTV monitoring the athlete area.
- Athletes should never attempt to film or photograph another athlete, coach or staff member or share the image of another athlete, coach or staff member to a social media platform or messenger app.
- Athletes should never use their breaktimes to text or use social media apps, we instead encourage them to talk with their teammates or coaches in order to form bonds in the real world.
- Athletes can use the phone at the gym in order to place a call or text if needed.